: A Collaborator’s Guide: Jason Gray

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| **Ideal Working Conditions**  Limited distractions, but don’t let that stop you from talking to me! I need a balance…  In lab + at home fluidity is nice. | **On The Clock**  11-5 in lab, then 5 to whenever at home ideally. |
| **How to Reach Me**  Slack  Emails:  [Jmg367@case.edu](mailto:Jmg367@case.edu)  [Grayjason13@gmail.com](mailto:Grayjason13@gmail.com)  Phone:  440-465-4608 | **How to Give Me Feedback**  In a specific manner if it can be helped.  Constructively.  Whenever you have the urge. |
| **I Need…**  Understanding with all 3 of ----------------------->  Help with biology/genetics/cancer knowledge in general | **I Struggle With…**  Anxiety (GAD), Social Anxiety (SAD), ADHD.   * Might be panicking over things that seem normal. Might seem fine externally. * May not be able to stay on topic, might interrupt, can’t stay still, needs reminders. |
| **I Can Help With…**  Python/C++, especially algorithmic things.  Physics and math | **Else**  If you like metal, let’s nerd about it. |